

**WFL
Sports Performance Academy
Training Styles &
Program Fees**

One On One

(1) One Hour Session	\$60 ea.
(6) One Hour Sessions	\$50 ea.
(12) One Hour Sessions	\$45.00 ea.
(24) One Hour Sessions	\$40.00 ea.

Small Group*

8 Sessions
Maximum 10 people
\$79 per person

*Sessions to be used within 6 weeks.

*Minimum group size 3 people to host training

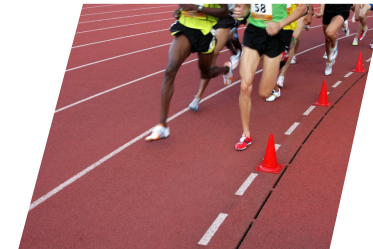
Team

Price available upon request

301-498-6200
www.wflsportsperformance.com



*"Transforming Today's Athlete
Into Tomorrow's Star"*



Individual

Small Group

Team

**Performance Designed To
Fit Your Training Style**

Become a stronger athlete with our training programs designed to fit your training style - Individual, Small Group or Team. WFL Sports Performance Academy Conditioning Coaches have a passion to train young athletes to perform their best.



Laurel, Maryland

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